

286.1:Farewell to Moses (OT Gospel Doctrine Lesson 17, Updated)

"Beware Lest Thou Forget"

Productive Sunday School

- I. Remembering: Remembering is a powerful form of storytelling where we engage with not only the past (which we don't have perfect access to, but our relationship to the past. Specifically, we engage in a relationship with our past selves. How many of you have imagined going back in time (well, transferring our consciousness into our past selves is the only way to get a do-over) and living life better than we did?
- II. Our past, present, and future selves
 - a. Past: We can reflect on and remember what has brought us to this point, grieve our losses, learn from our mistakes, grant our past selves grace
 - b. Present: Our present selves are full of paradox and promise.... As Syndrome complains in the movie the Incredibles, we should be true to ourselves, but WHICH selves should we be true to? Which you wants what when? We are a very different version of ourselves grumpy getting home from work after rush hour, or after a stressful day with the kids or any other sort, than we are during a job interview, or after attending Church. One of the tasks of life is to integrate the different versions of ourselves, and what they want, so that we can move forward toward the better version of ourselves. (Importance of others as checks and mirrors to us)
 - c. Future: I don't like the phrase "fake it till you make it". I think it is more accurate to say that we "Put on and practice" our better selves (Story from Naomi Remen, Kitchen Table Wisdom). We "put on and practice" the version of ourselves that we want to become, until we become that version of ourselves more and more often. (Tell story of 45), balance of our goals and dreams and remaining flexible. Win win, magic target: the way forward that works no matter what ends up happening (army)
- III. Conclusion: Covenants (Covenants link and improve our past, present, and future selves)

286.2:Farewell to Moses (OT Gospel Doctrine Lesson 17, Sunday School)

[“Beware Lest Thou Forget”](#)

In this lesson we bid farewell to one of the Bible greats—the prophet Moses. His speech covers themes of remembrance and obedience. The discussion covers ways we can remember our covenants and commitments to be our best selves and serve each other. (Thank Sheldon for guest hosting)

286.3:Farewell to Moses (OT Gospel Doctrine Lesson 17, Study Notes)

[“Beware Lest Thou Forget”](#)

This episode continues by discussing the historical background of Deuteronomy and then exploring the science of memory, importance of commemoration, and the way stories can change us. The class also addresses the distinctions between law, commandment, and morality.